



## Abbey Park care home

*Live later  
life well*

Residential, dementia, nursing and short-stay care in Coventry

# The care home that *grows with you*

**It's often said that first impressions last - and at Abbey Park, the first impression is always the same: warmth, welcome, and a sense of home.**

From the moment you step through the doors, it's clear that Abbey Park is more than a care home. It's a place where residents, families, and staff come together to create a vibrant and supportive community.

What sets Abbey Park apart is its ability to adapt to your needs. With seamless transitions between residential, nursing, and dementia care, you can feel confident that support is always tailored, no matter how life evolves.

Vibrant communal spaces like the 'Abbey Arms' bar, sensory garden, and sanctuary room ensure every day is filled with opportunities for connection and joy.

Set in the heart of Coventry and close proximity to cultural landmarks like Coventry Cathedral and the Transport Museum, Abbey Park combines tranquillity with accessibility, making it a home where you can truly thrive.



The culture of care runs deep and wide at this excellent run home. The whole experience of securing a place for a much-loved mother and wife has been exceptional, we thought it would be a traumatic experience but in reality, we struck Gold.

**Family testimonial from [carehome.co.uk](https://www.carehome.co.uk)**



# Gardens for *all seasons*

**Gardens that are designed to be much more than just outdoor spaces - they're a natural extension of the home.**

Secure pathways wind through beautifully landscaped areas filled with vibrant flowerbeds and raised planters, creating spaces for residents to explore and connect with nature.

The sensory garden is a favourite retreat, engaging the senses with soothing aromas, vivid colours, and gentle textures. A stroll through this part of the grounds comes accompanied with the buzzing of bees and the floating aromas as you brush by.

Seasonal events like summer BBQs and spring fairs bring life to the gardens, creating opportunities for residents, families, and visitors to come together and celebrate.

Outings to nearby Coombe Abbey Park add variety, with scenic walks, afternoon teas, and café visits offering moments to relax and reconnect with the wider community.

Whether you're looking for a peaceful retreat or vibrant social interactions, the gardens at Abbey Park provide the perfect setting to create special memories.

# Meals that celebrate *every story*

**You can taste the care at Abbey Park.  
And that's never more apparent than in  
our mealtimes which are more than just  
moments to eat - they're moments to  
savour, connect, and enjoy.**

As you would expect the menu is shaped around the ideas and preferences of our residents, ensuring that every dish reflects their tastes and memories. From respected traditional favourites to more unusual themed meals like Chinese or Indian cuisine, there's something to delight every palate.

Fresh, locally sourced ingredients form the foundation of every dish, prepared with care by our dedicated catering team. Snacks and light meals are available throughout the day, offering flexibility and choice. Special occasions, such as breakfast with Santa and festive Christmas lunches served by management, bring extra joy to the dining experience.



The staff show genuine affection for Dad and can always get a smile and twinkle in his eye. The care staff are an absolute credit to Abbey Park.

**Resident's family member**



## *What you can expect at Abbey Park:*

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

### *Lunch*

Traditional roast pork  
with apple sauce.

*or*

Goats' cheese, spinach  
and tomato quiche.

*All served with seasonal potatoes  
and roasted root vegetables.*

Watermelon sorbet.

### *Evening meal*

Soup of the day, with a  
selection of sandwiches.

*or*

Cheese and potato pie.

Lemon drizzle cake.









# Support that *speaks for itself*

Everyone's needs can change, which is why our approach to care is designed to adapt. So, whether yours is nursing, or dementia care, we can provide the tailored support that ensures our residents feel comfortable, valued, and respected.

The home's 84 en-suite bedrooms, including our self-contained care suites, offer a private, comfortable space that can be personalised to reflect each resident's story. Of course, we have the standard features like a 24/7 nurse call system and wheelchair accessibility to look after safety and peace of mind, but we also have vibrant spaces such as the much-loved Abbey Arms bar to add vibrancy and a sense of community to daily life.

Our residents living with dementia benefit from regular music therapy and the sanctuary room, provides opportunity for enrichment and engagement. The dedicated team, led by long-standing manager Tina, work closely with residents and families to deliver collaborative, compassionate and tailored care.

At Abbey Park, you're not just supported - you're part of a community that's here to help you live life to the fullest.

### *Our commitments to you:*

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

### *Facilities*

- Single furnished en-suite bedrooms.
- Award-winning music therapy to support life with dementia.
- Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.







A person is seen from the side, sitting at a table and playing a board game. The table is covered with a green and white board, and there are several small green and white pieces scattered across it. The person is wearing a light blue t-shirt. The background is a warm, brownish-red color, possibly a wall or a curtain.

# Living later life well

## When you think of a care home, what springs to mind?

Life at Abbey Park is thoughtfully designed to inspire joy, creativity, and connection every single day. Residents enjoy a wide range of activities, from jewellery-making sessions and armchair exercises to themed events like the lively “I’m *not* a Celebrity... Get Me Out of Here!” to seasonal celebrations, such as harvest festivals and Christmas fairs, filling the home with warmth and festive spirit.

Our strong community connections enhance daily life, with regular visits from local organisations, including Jaguar Land Rover and nearby schools, providing exciting opportunities to engage across generations.

For quieter moments, individualised activities help residents to feel included in a way that works for them, so if you are not feeling like joining in today... that’s ok, we will ask again tomorrow.

At Abbey Park, life isn’t just about care - it’s about creating meaningful connections and celebrating every moment in a place that feels like home.



I love coming to see my grandma, she looks the best she has ever looked, and I know she wouldn’t get care like she gets here anywhere else.

**Family testimonial from [carehome.co.uk](https://www.carehome.co.uk)**





# Here *for you...*

Whether you're searching for yourself or a loved one, for residential, dementia, nursing and short-stay care, our team at Abbey Park will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



02476 506045



[abbeypark@mha.org.uk](mailto:abbeypark@mha.org.uk)

# Proud to be part of MHA

**For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.**

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *always* stay the same: helping older people to live later life well.



[mha.org.uk/abbeypark](https://mha.org.uk/abbeypark)



# Get in touch

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