

## Aigburth care home

# ive later life well

Residential dementia, residential and short-stay care in Oadby

## The home with care and chirps

Located in Oadby, Leicester, Aigburth is a care home designed to provide a welcoming and vibrant environment for all its residents. With modern, en-suite accommodation spread across three floors, the home caters to a range of needs, including advanced dementia care.

Aigburth's central location makes it easy for family and friends to visit, while the beautifully maintained gardens that surround the building provide a tranquil retreat. From the cheerful chatter of Norma and Lilley, the home's kakariki birds, to the calm ambiance of the sensory room, Aigburth offers something special for everyone.

With over 60 years of history and a strong connection to the local community, Aigburth is more than a care home - it's a place where life is celebrated, memories are made, and residents feel valued and supported.





At Aigburth, we pride ourselves on giving our residents the opportunity to live later life well.

Salome Mapfeka, Home Manager













## Gardens for all seasons

At Aigburth, the gardens are much more than just outdoor spaces - they're places to relax, connect, and enjoy nature.

Beautifully landscaped and maintained with the support of our volunteers, the gardens feature vibrant flowerbeds, shaded seating areas, and accessible pathways, creating a peaceful haven for all.

Volunteers play a key role in running the clubs, especially the Gardening Club. The indoor Gardening Club provides an opportunity for residents to nurture plants and experience the therapeutic benefits of greenery. Seasonal activities, such as summer BBQs and autumn harvest celebrations, bring everyone together, fostering a sense of community and connection.

The sensory room on the Rosedale floor complements these experiences with a calm indoor space, featuring soft lights, soothing sounds, and sensory resources tailored to residents, including those living with dementia.

Nearby attractions, such as the University of Leicester Botanical Gardens, also offer opportunities to explore and connect to the wider community, enriching the lives of Aigburth's residents.

## Meals that celebrate *every story*

Mealtimes at Aigburth are about more than food - they're a chance to connect, celebrate culture, and enjoy life's simple pleasures.

As you would expect our menus are created with input from our residents and are blended to reflect a wide range of tastes and preferences. From traditional British classics like fish and chip Fridays to international dishes like Asian curries and Spanish tapas, every meal is prepared with care and attention to detail.

Special events, such as Diwali celebrations featuring traditional Indian food, bring the community's diversity to the table. Fresh, locally sourced ingredients ensure every dish is as nutritious as it is delicious, and snacks are available throughout the day for added flexibility.

Whether it's a family gathering in the coffee bar, a themed dinner night, or a quiet cup of tea in the garden, dining at Aigburth is about creating moments of connection and celebration.



## What you can expect at Aigburth:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

#### Lunch

Traditional roast pork with apple sauce.

or

Goats' cheese, spinach and tomato quiche. All served with seasonal potatoes and roasted root vegetables.

Watermelon sorbet.

#### Evening meal

Soup of the day, with a selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







## Support that Speaks for itself

Aigburth is a place where care extends beyond the physical to include emotional, spiritual, and social wellbeing.

With dedicated residential and dementia care services, the home provides personalised support tailored to each resident's needs.

The home's 56 en-suite bedrooms are complemented by comfortable communal lounges, a sensory room, and a coffee bar which also doubles as a useful space for family gatherings and celebrations. The home makes regular use of its two vehicles that include wheelchair access, ensuring residents can safely enjoy day trips, shopping outings, and hospital appointments.

Regular visits from our chaplain provide multi-faith services, while one-to-one chats are available for residents who prefer quieter, personalised experiences.

From music therapy and interactive magic tables to robotic pets that spark joy and engagement, Aigburth creates an environment where every resident can thrive.

At Aigburth, care isn't just about meeting needs - it's about creating a fulfilling and joyful life.

#### Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own inside and out.

#### Facilities

- Single furnished ensuite rooms.
- Wheelchair accessible with lifts to upper floors.
- Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- 24/7 nurse call system in every room.
- Landscaped gardens with patio areas.
- Indoor gardens.
- Coffee bar for residents and families.







## Living later life well

### When you think of a care home, what springs to mind?

Life at Aigburth is vibrant and engaging and each day is different, offering residents a variety of activities to inspire joy and connection.

From baking and crafts to brain training quizzes and live music sessions, there's always something to enjoy and join in with, if you want to.

Gillian's piano performances and staff-led guitar sessions are favourites, filling the home with warmth, music and memories. The local community plays an important role in Aigburth life.

Visits from nurseries, pop-up clothing shops, and the University of Leicester students ensure a connection to the world beyond the home. The community comes to us, but we also venture out into the community. Residents are always ready to be included into the sociable outings to pubs, town centres, and local landmarks.



My mum was well looked after, made great connections with the staff, even though she was only there a short time.

Family testimonial from carehome.co.uk











# Here For you...

Whether you're searching for yourself or a loved one, for short-stays, residential or residential dementia care, our team at Aigburth will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



## Proud to be part of MHA

#### For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *always* stay the same: helping older people to live later life well.





### Get in touch

#### Aigburth care home

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