



**Greenways
care home**

A photograph of a caregiver, a young man with a beard wearing a light blue short-sleeved shirt with a name tag, walking and talking with an elderly Black man with a white beard and glasses. The man is wearing a light purple shirt under a black leather jacket. They are walking through a field of yellow wildflowers with green foliage in the background.

*Live later
life well*

Residential dementia, residential and short-stay care in Bognor Regis

The carehome that *feels like family*

Nestled on the South Sussex coast, Greenways is less than a mile from the seashore at Bognor Regis, with beautiful views towards the coastal villages of Felpham and Aldwick. We make sure that residents have plenty of opportunities to enjoy the charm of one of Britain's oldest piers, the picturesque promenade, and proximity to the local high street.

Located next to the Maywood Health Centre, with plenty of visitor parking, Greenways is a purpose-built home designed for comfort and connection. Its spacious layout includes 44 bedrooms, comfortable communal areas and we even have a sensory 'Nameste' room. Featuring magical lights, aromatic scents, and a therapeutic fish tank our residents and families alike find this space calming and restorative.

The first thing you'll notice when you arrive at Greenways is the feeling of warmth. The sense that you're surrounded by people who care. That you're at home. And that you're welcome to live the life you choose, without a moment of hesitation.



“

Residents love the atmosphere and staff are always kind and friendly. I love to be here, I love to see my residents happy and be part of the big Greenways family.

Sylwia Fafara, Home Manager



Gardens

for all seasons

It's hard not to notice the lovely secure gardens encircling Greenways. They somehow envelop the home in a big hug, providing warming sun traps and a tranquil retreat.

Our beautifully landscaped gardens are a sanctuary for residents, offering spaces to relax and enjoy nature. Secure and accessible, the gardens feature sheltered patios, a traditionally decorated summer house with a seaside theme, and plenty of colourful flowers that add vibrancy year-round.

A favourite among residents, the gardening club provides opportunities to plant flowers, tend to the raised beds, and share stories about their love of gardening.

The gardens also play host to coffee mornings, seasonal events like summer barbeques, autumn fairs and bonfire nights as well as birthdays and anniversary parties, bringing the gardens to life with laughter and celebration. With the summerhouse doubling up as a café in the warmer months, there's no shortage of cosy spots to enjoy a cuppa.

There's always something to look forward to and Greenways' gardens are places where memories blossom.

Dining

that delights

At Greenways, dining is a time for connection, comfort, and enjoying the flavours residents love. Meals are freshly prepared by the kitchen team, sourcing local ingredients where possible and featuring seasonal dishes that cater to every palate.

As you'd expect, the menu is shaped around the ideas and preferences of our residents, with quarterly review meetings giving everyone the opportunity to make their mark on mealtimes. Traditional dishes are firmly respected amongst the residents of Greenways. It's why Sunday roasts, sticky toffee pudding, apple crumble, and jam sponge pudding remain unchallenged on our otherwise changing menus.

Special occasions are celebrated with thoughtful touches, such as personalised birthday cakes or romantic meals for two to mark many wonderful years of marriage.

Baking activities are a popular pastime, allowing residents to get hands-on while creating sweet treats that fill the home with delightful aromas.

The home's emphasis on fresh, delicious meals ensures that dining is a highlight of every day so whatever your mood, taste or craving, it can find a happy home at Greenways.



What you can expect at Greenways:

- Meals are freshly prepared by our in-house chef.
- Menus are designed around seasonal produce.
- Ingredients are sourced locally wherever possible.
- Drinks and snacks are on-hand 24 hours a day.

Take a look at our sample menu:

Lunch

Traditional roast pork
with apple sauce.

or

Goats' cheese, spinach
and tomato quiche.

*All served with seasonal potatoes
and roasted root vegetables.*

Watermelon sorbet.

Evening meal

Soup of the day, with a
selection of sandwiches.

or

Cheese and potato pie.

Lemon drizzle cake.







Where *care is a calling*

Our spacious rooms are split between residential and dementia care, almost all of which enjoy garden views.

But beyond the comfortable bedrooms and award-winning care, the home's facilities are second to none. There's the hair and beauty salon for a spot of well-deserved pampering and the sensory 'Nameste' room with its soothing lighting, aquatics and aromas - all combining to ignite and engage every sense imaginable

Let's not forget the amazing people of Greenways. It would be hard to find another team so infused with such a family feeling, and so strongly united in their care and commitment for the people who live here. The home is known for its compassionate, empathetic team, many of whom have been with Greenways for decades.

We're fortunate that the quality of our care and support speaks for itself. Or to be more specific, the positive recommendations of friends, families, neighbours and volunteers doing the talking on our behalf.

It means the majority of our residents have been welcomed to Greenways thanks to local reputation, referrals from both healthcare professionals and from the Methodist church. The result is a close-knit and like-minded group of residents who remain effortlessly entwined with their local community. They wouldn't have it any other way. And neither would we.



We were really touched by the care and commitment from many of your staff. The fact staff visited at the end of their shift and days off showed that their work is more than just a 'job' to them.

Family testimonial from carehome.co.uk

Our commitments to you:

- You'll remain in control of your care and support. Always.
- You'll be supported by a caring, compassionate team.
- You'll benefit from proven and pioneering therapies.
- You'll be valued and respected in a like-minded community.
- You'll be free to make this home your own – inside and out.

Facilities

- Single furnished ensuite bedrooms.
- Award-winning music therapy to support life with dementia.
- Comfortable lounges and communal areas.
- Hairdressing salon for care and pampering.
- Sensory 'Nameste' room for relaxation.
- 24/7 nurse call system in every room.
- Landscaped gardens with patio areas.
- Dedicated chaplain for spiritual support or private reflections.









Seizing the day

When you think of a care home, what springs to mind?

Life at Greenways is vibrant and fulfilling. From art club to exercising with glow sticks to paper snowball fights, you can rest assured that a variety of activities is tailored to residents' interests and abilities. While visits from community groups including local schools and the Salvation Army's band, entertainment such as Bognor Regis Handbell Ringers, and Jazz, the pet therapy dog, are always a highlight.

But it's not just activities at the home that make Greenways special. Residents enjoy trips out to Sussex landmarks like Chichester Cathedral and our Veterans Club members love meeting ex-military friends at the Waverly Pub. Residents are also encouraged to take part in MHA's Seize the Day initiative where they're supported to realise a life-long ambition or relive a cherished memory. Experiences include a Roman history enthusiast visiting Fishbourne Roman Palace, a former bank manager returning to her place of work of 30 years, and a resident couple celebrating their 60th wedding anniversary with fine dining.

It all adds up to a life well lived. For our residents. Their guests. Our team. And the community that calls this home its own.



Here *for you...*

Whether you're searching for yourself or a loved one, for short stays, residential or dementia care, our team at Greenways will be here to help.

We understand that searching for a care home can be a confusing time for any family. So, we hope it's reassuring to know that our doors are always open. Our advice is always generous. Our residents are always eager to welcome a new character into the fold. And our charitable ethos will always guide everything we do.

We'll be ready to support. Whenever you need us:



01243 823732



greenways@mha.org.uk

Proud to be part of MHA

For more than 80 years, families have been choosing MHA to support the needs and aspirations of their loved ones in later life.

People have been forging friendships through our community programmes. Fundraising to drive our charitable goals. And spreading the warmth, comfort and spirituality that you'll find across every MHA care home, community and development.

It's always for one reason, which will *a/ways* stay the same: helping older people to live later life well.



mha.org.uk/greenways



Get in touch

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